

*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

Cheese Filled Breadsticks w/marinara  
Vegetable Choice  
Fruit Choice  
Sherbet Cup  
  
Peanut Butter & Jelly Bundle

Baked Chicken Mashed Potatoes w/Gravy  
Mixed Vegetable  
Fruit Choice  
Dinner Roll  
  
Entrée Salad

Hamburger on Bun w/ toppings  
Cheesy mashed potatoes  
Fresh Vegetable w/Dip  
Fruit Choice  
  
Mini Bagel Bundle

Oven Baked Chicken Tenders  
Mini Baked Potatoes  
Vegetable Blend  
Fruit Choice  
  
Turkey & Ranch Wrap

Cheese or Pepperoni\* Pizza Slice  
Fresh Vegetables w/Dip  
Fruit Choice  
Mini Rice Krispie Bar  
  
Deli Sandwich

Rotini Pasta w/Meat Or Meatless Sauce  
Garlic Toast  
Green Beans  
Fruit Choice  
  
Peanut Butter & Jelly Bundle

Chicken Fajita Assorted Taco Toppings  
Seasoned Rice  
Fruit Choice  
Pudding Cup  
  
Chef Salad

Roast Turkey Gravy Mashed Potatoes  
Peas and Carrots  
Fruit Choice  
Buttermilk Biscuit  
  
Mini Bagel Bundle

Mini Corn Dogs  
Oven Potatoes  
Tossed Salad w/dressing  
Fruit Choice  
Animal Crackers  
  
Yogurt cup w/Cheese Bundle

Grilled Cheese Sandwich  
Cup of Tomato Soup  
Crackers  
Fresh Vegetable w/Dip  
Fruit Choice  
  
Deli Sandwich

Quesadilla/Cheese or Chicken  
Chips and Salsa  
Vegetable choice  
Fruit Choice  
  
Peanut Butter & Jelly Bundle

Baked Chicken Nuggets  
Macaroni and Cheese  
Mixed Vegetable  
Dinner Roll  
Fruit Choice  
  
Entrée Salad

**St. Patrick's Day**  
Hard or Soft Shell Taco  
Assorted Fixings  
Corn  
Fruit Choice  
Shamrock Sugar Cookie  
  
Mini Bagel Bundle

Sweet n' Sour Chicken over Fluffy Rice  
Pea Pods  
Fruit Choice  
Fortune Cookie  
  
Fruit & Yogurt Parfait

Cheese Bread w/Marinara  
Mixed Greens w/ Dressing  
Fruit Choice  
  
Deli Sandwich

Chicken Tenders Mashed Potatoes w/Gravy  
Vegetable Choice  
Fruit Choice  
  
Peanut Butter & Jelly Bundle

Cheese Tortellini w/Sauce  
Warm Garlic Breadstick  
Tossed Salad w/ Dressing  
Fruit Choice  
  
Chicken Caesar Salad

Nachos Grande w/fixings  
Broccoli w/cheese sauce  
Fruit choice  
  
Mini Bagel Bundle

*Breakfast for Lunch*  
French Toast Sticks  
Sausage Links  
Potato Wedge  
Fruit Choice  
  
Turkey & Ranch Wrap

Cheesy Flatbread Pizza  
Fresh Vegetable w/dip  
Fruit Choice  
Cookie  
  
Deli Sandwich

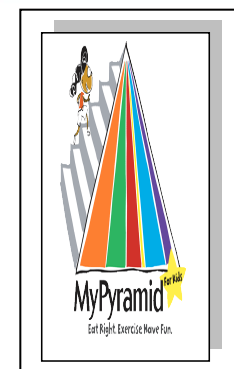
**No School**

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Thursday, April 1 & Friday, April 2  
**No School**

Menu subject to change  
\*Indicates item may contain pork



**How much you should eat:**



- Grain Group Servings every day
- Vegetable Group Servings every day
- Fruit Group Servings every day
- Milk Group Servings every day
- Meat Group Servings every day

Here is a trick. It helps you remember the amount you need from each food group every day. Imagine that MyPyramid has an address, just like the house where you live. All of the triangles, except for the yellow one, have a number for the address. Start at the Grain Group and move across MyPyramid. If you are 7 to 10 years old the address is 5-4-2.

[www.mypyramid.gov/Kids/](http://www.mypyramid.gov/Kids/)